

# 25 Questions to Ask Your Parents

Some of these are about their story. Some are practical. Neither kind is more important than the other.

## Their Story

1. What was your childhood home like?

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2. What's a memory from your own childhood you think about often?

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3. How did you meet the person who became your spouse or partner?

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4. What was the hardest thing you went through before I was born?

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5. What did you want to be when you were young, and did that change?

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6. What are you proudest of in your life?

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7. What's something you believe that most people would be surprised to learn?

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8. What's a decision you made that you'd make differently now?

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9. What brings you genuine joy these days?

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10. What's something you've never told me?

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# 25 Questions to Ask Your Parents

Page 2 - Legacy, and the practical things worth knowing.

## Their Legacy

11. What's a family story you want to make sure doesn't get lost?

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12. What do you know about your own grandparents that I should know?

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13. Are there family traditions you want to make sure continue?

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14. What's a recipe, skill, or piece of knowledge you want passed down?

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15. What's something about our family's history I might not know?

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16. What do you want your grandchildren to know about you?

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17. What's a piece of advice you'd want me to remember?

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18. What do you want to make sure I understand about how you see me?

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19. What's something you're still hoping to do?

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20. What would you want me to know if we couldn't have this conversation later?

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## The Practical Things

21. Where do you keep your will, and who is the executor?

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22. Who would you want making medical decisions for you if you couldn't?

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23. Where are your financial accounts and insurance policies?

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24. Do you have specific wishes for your funeral or memorial?

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25. Is there anything already arranged - a cemetery plot, a preneed plan - that we should know about?

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